

Desserts

	Serving Size	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein
Chocolate Chip	1 cookie	270	110	12 g	8 g	0 g	35 mg	95 mg	40 g	1 g	25 g	3 g
Heath Bar Crunch	1 cookie	280	120	14 g	9 g	0 g	40 mg	160 mg	37 g	1 g	24 g	2 g
Oatmeal Raisin Nut	1 cookie	260	110	12 g	6 g	0 g	30 mg	100 mg	35 g	2 g	20 g	3 g
Peanut Butter	1 cookie	290	160	18 g	8 g	0 g	35 mg	170 mg	29 g	2 g	19 g	7 g
White Chocolate Macadamia Nut	1 cookie	290	140	15 g	8 g	0 g	40 mg	120 mg	35 g	1 g	21 g	3 g
Fudge Brownie	1 brownie	430	200	23 g	5 g	0 g	0 mg	210 mg	50 g	2 g	30 g	5 g