

Classic Roast Beef

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Roast Beef	80	20	2.5 g	1 g	0 g	55 mg	780 mg	2 g	0 g	0 g	19 g
French Batard	210	5	.5 g	0 g	0 g	0 mg	470 mg	46 g	1 g	1 g	7 g
Cheddar Cheese Slices	110	80	9 g	6 g	0 g	30 mg	180 mg	0 g	0 g	0 g	7 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Mayonnaise	200	200	24 g	3 g	0 g	20 mg	170 mg	0 g	0 g	0 g	0 g
Spicy Brown Mustard	30	0	0 g	0 g	0 g	0 mg	280 mg	0 g	0 g	0 g	0 g
Total for The Classic Roast Beef	635	305	36 g	10 g	0 g	105 mg	1880 mg	50 g	1 g	2 g	33 g

Dill-ectable Tuna

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Tuna Salad	330	260	29 g	4 g	0 g	40 mg	520 mg	1 g	0 g	0 g	16 g
Sliced Wheat Bread	300	45	5 g	0 g	0 g	0 mg	0 mg	54 g	4 g	8 g	12 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Cucumber Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	1 g	0 g	1 g	0 g
Dill Sauce	170	170	19 g	4.5 g	0 g	15 mg	210 mg	1 g	0 g	0 g	1 g
Total for The Dill-ectable Tuna	810	475	53 g	8.5 g	0 g	55 mg	730 mg	59 g	4 g	10 g	29 g

Divine Chicken Salad

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Chicken Salad	230	150	17 g	2.5 g	0 g	35 mg	760 mg	8 g	0 g	3 g	12 g
Croissant	230	110	12 g	7 g	0 g	30 mg	250 mg	27 g	1 g	5 g	5 g
Havarti Cheese	120	90	10 g	7 g	0 g	25 mg	150 mg	0 g	0 g	0 g	5 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Mayonnaise	200	200	24 g	3 g	0 g	20 mg	170 mg	0 g	0 g	0 g	0 g
Total for The Divine Chicken Salad	780	550	63 g	19.5 g	0 g	110 mg	1330 mg	35 g	1 g	8 g	22 g

Heavenly's Famous Ham Salad

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Ham Salad	270	70	7 g	1 g	0 g	45 mg	1040 mg	30 g	0 g	26 g	16 g
Sliced Wheat Bread	300	45	5 g	0 g	0 g	0 mg	0 mg	54 g	4 g	8 g	12 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Total for Heavenly's Famous Ham Salad	575	115	12 g	1 g	0 g	45 mg	1040 mg	86 g	4 g	35 g	28 g

Heavenly Original

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Ham	90	10	1 g	0 g	0 g	45 mg	910 mg	4 g	0 g	0 g	18 g
Croissant	230	110	12 g	7 g	0 g	30 mg	250 mg	27 g	1 g	5 g	5 g
Havarti Cheese	120	90	10 g	7 g	0 g	25 mg	150 mg	0 g	0 g	0 g	5 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
That Mustard	150	0	0 g	0 g	0 g	0 mg	210 mg	30 g	0 g	30 g	0 g
Mayonnaise	200	200	24 g	3 g	0 g	20 mg	170 mg	0 g	0 g	0 g	0 g
Total for Heavenly Original	795	410	47 g	17 g	0 g	120 mg	1690 mg	63 g	1 g	36 g	28 g

Perfect Turkey Salad

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Turkey Salad	300	230	25 g	3 g	0 g	35 mg	770 mg	9 g	0 g	0 g	10 g
Multigrain Batard	250	30	3.5 g	0 g	0 g	0 mg	460 mg	46 g	5 g	5 g	10 g
Swiss Cheese Slices	110	70	8 g	5 g	0 g	25 mg	55 mg	2 g	0 g	0 g	8 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Total for The Perfect Turkey Salad	665	330	36.5 g	8 g	0 g	60 mg	1285 mg	59 g	5 g	6 g	28 g

Roasted Turkey Sensation

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Roasted Turkey	100	0	0 g	0 g	0 g	50 mg	870 mg	5 g	0 g	0 g	19 g
French Batard	210	5	.5 g	0 g	0 g	0 mg	470 mg	46 g	1 g	1 g	7 g
Cheddar Cheese Slices	110	80	9 g	6 g	0 g	30 mg	180 mg	0 g	0 g	0 g	7 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Dill Sauce	170	170	19 g	4.5 g	0 g	15 mg	210 mg	1 g	0 g	0 g	1 g
Total for The Roasted Turkey Sensation	595	255	28.5 g	10.5 g	0 g	95 mg	1730 mg	54 g	1 g	2 g	34 g

Swiss Philly

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Roast Beef	80	20	2.5 g	1 g	0 g	55 mg	780 mg	2 g	0 g	0 g	19 g
Onion Roll	230	45	5 g	1 g	0 g	5 mg	400 mg	39 g	1 g	4 g	8 g
Swiss Cheese Slices	110	70	8 g	5 g	0 g	25 mg	55 mg	2 g	0 g	0 g	8 g
Green Bell Pepper Slices	10	0	0 g	0 g	0 g	0 mg	0 mg	2 g	1 g	1 g	0 g
Red Onion Slices	10	0	0 g	0 g	0 g	0 mg	0 mg	3 g	1 g	1 g	0 g
Mayonnaise	200	200	24 g	3 g	0 g	20 mg	170 mg	0 g	0 g	0 g	0 g
Horseradish Sauce	60	50	6 g	3.5 g	0 g	10 mg	20 mg	1 g	0 g	0 g	1 g
Total for Swiss Philly	700	385	45.5 g	13.5 g	0 g	115 mg	1425 mg	49 g	3 g	6 g	36 g

Turkey Classic

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Heavenly Smoked Turkey	60	0	0 g	0 g	0 g	30 mg	580 mg	3 g	0 g	0 g	13 g
Multigrain Batard	250	30	3.5 g	0 g	0 g	0 mg	460 mg	46 g	5 g	5 g	10 g
Swiss Cheese Slices	110	70	8 g	5 g	0 g	25 mg	55 mg	2 g	0 g	0 g	8 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Red Onion Slices	10	0	0 g	0 g	0 g	0 mg	0 mg	3 g	1 g	1 g	0 g
Mayonnaise	200	200	24 g	3 g	0 g	20 mg	170 mg	0 g	0 g	0 g	0 g
That Mustard	150	0	0 g	0 g	0 g	0 mg	210 mg	30 g	0 g	30 g	0 g
Total for The Turkey Classic	785	300	35.5 g	8 g	0 g	75 mg	1475 mg	86 g	6 g	37 g	31 g

Veggie Heaven

	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fibers	Sugars	Protein
Focaccia Bread	220	35	4 g	1 g	0 g	0 mg	480 mg	40 g	2 g	2 g	7 g
Cheddar Cheese Slices	110	80	9 g	6 g	0 g	30 mg	180 mg	0 g	0 g	0 g	7 g
Swiss Cheese Slices	110	70	8 g	5 g	0 g	25 mg	55 mg	2 g	0 g	0 g	8 g
Cucumber Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	1 g	0 g	1 g	0 g
Green Leaf Lettuce	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Red Onion Slices	10	0	0 g	0 g	0 g	0 mg	0 mg	3 g	1 g	1 g	0 g
Tomato Slices	5	0	0 g	0 g	0 g	0 mg	0 mg	2 g	0 g	1 g	0 g
Green Bell Pepper Slices	0	0	0 g	0 g	0 g	0 mg	0 mg	0 g	0 g	0 g	0 g
Dill Sauce	170	170	19 g	4.5 g	0 g	15 mg	210 mg	1 g	0 g	0 g	1 g
Total for The Veggie Heaven	630	355	40 g	16.5 g	0 g	70 mg	925 mg	49 g	3 g	5 g	23 g